

During your appointment the Doctor would like to talk to you about your future plans and how we can hopefully help you reach these.

The Doctor will discuss with you about the treatments which are right for you if you become very poorly in the future.

For example if your heart stopped would you wish to let nature take its course or would you prefer to be given CPR. Cardiopulmonary Resuscitation or CPR is when your heart is helped to get started again. This done by pressing down on your chest and giving an electric shock to get it started.

You may also wish to discuss whether in the future you would want to be cared for in hospital, in your own home or a nursing home.

Your wishes can be recorded so everybody knows how you feel. No decisions need to be made.

Talking about your future needs makes everyone aware of your wishes.

If you are unable to attend or have any further questions please contact:

Julie Kemp Secretary

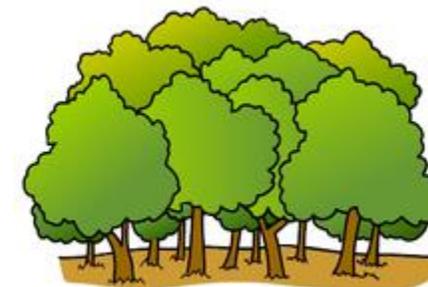
01590 663460

Forest Assessment Centre.

Tel. 01590 663081

We look forward to seeing you soon.

Welcome to our Comprehensive Assessment Clinic.



You GP has referred you to the comprehensive Assessment Clinic which is held in the Forest Assessment Centre, Lymington Hospital.

This can be located on the main corridor opposite the Minor Injuries Department.

If you are the hospital car park only put a £1 in the meter. This will last the whole time of your appointment.

The appointment will last 2-3 hours. You may have X-rays, Scans or blood tests during your visit.

Feel free to bring someone with you.

Please can you bring with you a list of your current medication, next of kin details and your contact phone numbers. Your reading glasses and hearing aids are also a good idea.

You can bring a list of all your concerns and questions with you

First you will be seen by a Nurse.

The Nurse will check we have your correct details for example, phone number, next of kin etc. Please can you bring details of any phones numbers that may be needed.

Your blood pressure, pulse, E.C.G (electrocardiogram) which is a tracing of the electricity of your heart), weight, urine tests are some of the observations that will be taken.

When you come to us we like to see you as a whole person not just your presenting problem. So we give you an "M.O.T" while you are with us.

We also do a memory test on all our patients this is nothing to worry about it's just like a quiz.

Questions will also be asked about how you cope at home e.g. Washing, dressing and getting your meals.

The Doctor will see you next.

The Doctor will ask you many questions not only about your presenting problem.

Your past medical history will be investigated. So feel free to bring any information about illnesses you have had in the past.

Questions about you as a person will be asked, for example what job you did. This is so they can get to know you better and sometimes it may give a clue as to what is wrong with you today.

Your Current health will also be discussed and you will be given a full medical examination.